

## HEALTH AND WELLBEING BOARD

29 MARCH 2017

	<b>Report for Resolution</b>
<b>Title:</b>	Nottingham City Council Declaration on Alcohol
<b>Lead Board Member(s):</b>	Alison Challenger, Director of Public Health
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<b>Brief summary:</b>	Nottingham City Council approved the signing of the Local Authority Declaration on Alcohol in January 2017. The Board is asked to further support the Declaration through their organisations taking the lead and signing up to the Declaration.

### **Recommendation to the Health and Wellbeing Board:**

The Health and Wellbeing Board is asked to:

- a) endorse and support the Nottingham City Council Declaration on Alcohol as a Board; and
- b) on behalf of its organisations, consider and sign the Nottingham City Council Declaration on Alcohol.

### **Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	Alcohol is associated with a range of health and social issues and people from more deprived communities are disproportionately affected by alcohol related harm. Compared to the national average Nottingham has higher rates of alcohol related hospital admissions and more people die aged <75 from liver disease.  Supporting the Local Authority Declaration on Alcohol will contribute to tackling these issues – directly supporting Aims 1 and 2.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will	

be sustainable – supporting and enabling its citizens to have good health and wellbeing	
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<b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health</b>
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<p>Prevalence of mental health problems is higher in those who are alcohol dependent and it may be that people with mental health problems use alcohol as a form of self-medication. The harms from alcohol are felt more by those living in deprived communities and these communities are also known to have lower levels of mental well-being. The Declaration includes a number of commitments to reducing the harms from alcohol that could be associated with improvements in mental health and wellbeing and in physical health both for the wider local population and for those living in our most deprived communities.</p>
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<b>Background papers:</b>	None
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<p><i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i></p>	None
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